Policy 5030: Student Wellness

Original Adopted Date: 04/11/2019

Status: ADOPTED

The Governing Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The Superintendent or designee shall coordinate and align district efforts to support student wellness through health education, physical education and activity, health services, nutrition services, psychological and counseling services, and a safe and healthy school environment. In addition, the Superintendent or designee shall develop strategies for promoting staff wellness and for involving parents/guardians and the community in reinforcing students' understanding and appreciation of the importance of a healthy lifestyle.

School Health Council/Committee

The Superintendent or designee shall encourage parents/guardians, students, food service employees, physical education teachers, school health professionals, Board members, school administrators, and members of the public to participate in the development, implementation, and periodic review and update of the district's student wellness policy. (42 USC 1758b)

To fulfill this requirement, the Superintendent or designee may appoint a school health council or other district committee whose membership shall include representatives of these groups. He/she also may invite participation of other groups or individuals, such as health educators, curriculum directors, counselors, before- and after-school program staff, health practitioners, and/or others interested in school health issues.

The school health council/committee shall advise the district on health-related issues, activities, policies, and programs. At the discretion of the Superintendent or designee, the duties of the council/committee may also include the planning, implementation, and evaluation of activities to promote health within the school or community.

Nutrition Education Goals

The district adopts a comprehensive approach to nutrition education to promote healthy eating behaviors. This will be accomplished by the following:

- 1. Nutrition education will be offered in the cafeteria as well as in the classroom through the use of, but not limited to, posters, bulletin boards, menus, websites, and age-appropriate instructional materials. Students will receive consistent nutrition messages throughout the school.
- 2. All instructional staff will be encouraged to integrate nutritional themes into daily lessons, where appropriate, and to emphasize the health benefits of good nutrition. The district's nutrition education and physical education programs will be based on research, consistent with the expectations established in the state's curriculum frameworks, and designed to build the skills and knowledge that all students need to maintain a healthy lifestyle.
- 3. Nutrition education shall be provided as part of the health education program in Grades K-12 and, as appropriate, shall be integrated into core academic subjects and included in before and after school programs.
- 4. The district will provide information to families that encourages them to teach their children about health and nutrition and to provide nutritious meals for their families. This information may be provided in handouts, postings on the district website, school newsletters, presentations that focus on nutritional value and healthy lifestyles, and any other appropriate means for reaching parents.
- 5. Nutrition and physical education opportunities will be provided to all school staff to encourage staff to improve their own personal health and wellness, to effectively deliver nutrition education, to improve morale, to create positive role modeling, and to build the commitment of staff to promote the health of students. These opportunities may include sets distribution of materials, presentations and workshops that focus on nutrition, healthy lifestyles, fitness activities and other appropriate wellness related topics.

Nutrition Guidelines for All Foods on Campus

Schools will encourage and provide opportunities for students to consume a variety of nutrient-dense foods and beverages within and among the basic food groups while choosing foods that limit the intake of saturated and Trans

fats, cholesterol, added sugars and salt. This will be accomplished through the following:

- 1. All foods made available on campus, including snacks, will comply with the current USDA Dietary Guidelines for Americans.
- 2. Food and beverage sales on campus may not be conducted in competition with the district's Food Service Program. Procedures will be developed to assure maximum participation in the district's School Breakfast and Lunch Programs, in accordance with state and federal guidelines.
- 3. Pursuant to the Pupil Nutrition, Health, and Achievement Act of 2001 (Education Code 49431 as amended), and commencing on August 1, 2006, the only food that may be sold to elementary students are full meals and individually sold portions of nuts, nut butters, seeds, eggs, cheese, fruit, vegetables that have not been deep fried, and legumes.

An individually sold dairy or whole grain food item may be sold to elementary students if it meets all of the following:

- a. Fat content shall not exceed 35% of total calories
- b. Saturated fat content shall not exceed 10% of total calories
- c. Sugar content shall not exceed 35% of total weight (including naturally occurring and added sugar)
- d. Calories shall not exceed 175 calories per individual item.

Non-compliant food items may only be sold to elementary school students as part of a fundraising event if the items are sold by students either off campus or one-half hour or more after the end of the school day.

4. Pursuant to the Pupil Nutrition, health, and Achievement Act of 2001 (EC 49431.2), and commencing on August 1, 2006, entree items sold to junior or high school students, except food sold as part of a USDA meal program, shall contain no more than 400 calories per entree, no more than 4 grams of fat per 100 calories, and shall be categorized as entree items in the School Breakfast Program or National School Lunch Program.

Snacks sold to junior or high school students, except food sold as part of a USDA meal program, shall meet all of the following:

- a. Fat content shall not exceed 35% of total calories. This requirement does not apply to nuts, nut butters, seeds, eggs, cheese, fruit, vegetables that have not been deep fried, and legumes.
- b. Saturated fat content shall not exceed 10% of total calories. This requirement does not apply to eggs or individually sold cheese items.
- c. Sugar content shall not exceed 35% of total weight (including naturally occurring and added sugar). This requirement does not apply to fruits or vegetables that have not been deep fried.
- d. Calories shall not exceed 250 calories per individual item.

Non-compliant food items may only be sold to junior and high school students as part of a fundraising event if the items are sold either off campus, on campus and one-half hour or more after the end of the school day, or during a school sponsored student activity after the end of the school day.

- 5. The district will ensure that reimbursable school meals meet the program requirements and nutrition standards set forth under 7 CFR Part 210 and Part 220.
- 6. Pursuant to the requirements of the Childhood Obesity Prevention Act (Education Code 49431.5) only the following beverages will be sold to elementary school students: water (with no added sweeteners), milk (2% fat milk), 1% fat milk, nonfat milk, soy milk, rice milk and other similar nondairy milk), 100% fruit juices, fruit-based drinks composed of no less than 50% fruit juice and no added sugar sweeteners, and vegetable-based drinks composed of no less than 50% vegetable juice and no added sweeteners.

Non-compliant beverages may only be sold to elementary school students as part of a fundraising event if the

beverages are sold by students either off campus or one-half hour or more after the end of the school day.

7. Pursuant to the requirements of the Childhood Obesity Prevention Act (Education Code 49431.5) only the following beverages will be sold to students at middle schools during the school day: fruit-based drinks composed of no less than 50% fruit juice and no added sweeteners, vegetable-based drinks composed of no less than 50% vegetable juice and no added sweeteners, water (with no added sweeteners), milk (2% fat milk, 1% fat milk, nonfat milk, soy milk, rice milk and other similar nondairy milk), and electrolyte replacement beverages containing no more than 42 grams of added sweetener per 20-ounce serving.

Non-compliant beverages may only be sold to middle school students at a school event at least one-half hour after the end of the school day or through vending machines not later than one-half hour before the start of the school day and not sooner than one-half hour after the end of the school day.

8. Pursuant to the requirements of the Childhood Obesity Prevention Act (Education Code 49431.5), and commencing on August 1, 2006, at least 50% of all beverages sold to students from one-half hour before the start of the school day until one-half hour after the end of the school day shall be the following: fruit-based drinks composed of no less than 50% fruit juice and no added sweeteners, vegetable-based drinks composed of no less than 50% until and other similar nondairy milk), and electrolyte replacement beverages containing no more than 42 grams of added sweetener per 20-ounce serving.

Commencing on July 1, 2009, all beverages sold to students during the school day shall meet these requirements.

- 9. Food providers will offer students a variety of age appropriate healthy food and beverage selections for elementary, middle and high schools. As defined by the U.S. Food and Drug Administration, a "healthy" food must be low in fat (<3 g per serving), low in saturated fat (<1 g per serving), contain limited amounts of cholesterol (<60 mg per serving for a single-item food) and contain limited amounts of salt (<360 mg per serving). In addition, single-item foods that are not raw fruits or vegetables must provide 10% of the daily value of one or more of the following: vitamin A, vitamin C, iron, calcium, protein, and fiber.</p>
- 10. Advertising of foods or beverages must be consistent with the district's established nutrition standards and must reinforce health and wellness goals.

Physical Activity Goals

The district will provide physical activity and physical education opportunities that provide students with the knowledge and skills to lead a physically active lifestyle. This will be accomplished through the following implementation strategies:

- 1. Physical education classes and physical activity opportunities will be available for all students.
- 2. All K-12 students (including students with disabilities and/or special health-care needs and those in alternative education settings) will receive physical education instruction as designated (EC sections 51210, 51222, and 51223):
 - a. A minimum of 200 minutes for every 10 school days for students in grades 1-6
 - b. A minimum of 400 minutes for every 10 school days for students in grades 7-12
- 3. Physical activity opportunities shall be offered before school, during school or after school. This will be accomplished through daily recess periods, physical education classes, and the integration of physical activity into the academic curriculum. Various after-school programs will be offered when possible, such as intramurals, interscholastic athletics, and/or physical activity clubs.
- 4. Students in grades 5, 6, 7, 8, and 9 will be administered health related fitness assessments (e.g., FitnessGram, Physical Best or President's Council). Students shall receive results and use this as a baseline in understanding their own level of fitness, creating fitness goals and plans, and logging activities identified to achieve goals. Students will be assisted to interpret their personal attainments and compare them to national physical activity recommendations.

5. Information will be provided to families to help them incorporate physical activity into their children's lives. This information may be provided in handouts, postings on the district website, school newsletters, presentations that focus on nutritional value and healthy lifestyles, and any other appropriate means for reaching parents.

Methods to Promote Wellness Through Other School Based Activities

District schools will strive to provide consistent wellness messages and an environment conducive to healthy eating and being physically active. This will be accomplished by the following:

- 1. A clean, safe and enjoyable meal environment will be provided for students.
- 2. Adequate time will be provided for students to enjoy eating healthy foods with friends, scheduled as near the middle of the school day as possible.
- 3. If rewards and incentives are utilized, the district encourages staff to explore items other than food. However, if food is provided as a reward or incentive it must meet minimum guidelines as outlined in the Pupil Nutrition, Health, and Achievement Act of 2001 (EC 49431). With the exception of one party per quarter approved by the site principal, school wide celebrations must comply with all federal, state and local regulations.
- 4. On-going professional training and development for food services staff and teachers will be provided in the areas of nutrition and physical education.
- 5. Access to physical activity facilities will be provided whenever possible to students outside school hours.
- 6. After-school programs will encourage physical activity where appropriate.
- 7. Wellness policy goals will be considered in planning all school-based activities (such as school events, field trips, dances, and assemblies).
- 8. Schools will organize local wellness committees comprised of families, teachers, administrators, and students to suggest means and methods for improving nutrition and physical activity in the school environment.

Reimbursable School Meals

The district will ensure that reimbursable school meals meet the program requirements and nutrition standards set forth under 7 CFR Part 210 and Part 220.

Monitoring and Policy Review

The Superintendent or designee will ensure that all sites within the district comply with the Imperial Unified School District Wellness Policy. In each school, the Principal will ensure compliance with the district Wellness Policy and will report annually on the school's compliance to the Superintendent or designee. The Director of Food Services will ensure compliance with the district Wellness Policy within the Child Nutrition Services Department at all locations where reimbursable meals are served and consumed. The Director of Food Services will report annually on this matter to the Superintendent. The Superintendent or designee shall report to the Board at least every two years on the implementation of this policy and other Board policies related to nutrition and physical activity. To the extent possible, this report will be presented at the same time as results from the California Healthy Kids Survey.

Existing Board Policies aligned with the goals of the Wellness Policy are BP 6142.7, Physical Education, BP 6142.8, Comprehensive Health Education, BP 3553, Free/Reduced Price Meals, BP 3554, Other Food Sales, and BP 3550, Food Service.

Policy Reference Disclaimer: These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State References	Description
5 CCR 15500-15501	Food sales by student organizations
5 CCR 15510	Mandatory meals for needy students

5 CCR 15530-15535	Nutrition education
5 CCR 15550-15565	School lunch and breakfast programs
Ed. Code 33350-33354	CDE responsibilities re: physical education - https://simbli.eboardsolutions.com/SU/N3VrBplus8uHSuE4vSmseZaRA==
Ed. Code 38086	Free fresh drinking water - https://simbli.eboardsolutions.com/SU/o5Fb1RWtCJiABYyYNzKIVQ==
Ed. Code 49430-49434	Pupil Nutrition, Health, and Achievement Act of 2001 - https://simbli.eboardsolutions.com/SU/Vbldc2N1RyrO8XDSzoAlsA==
Ed. Code 49490-49494	School breakfast and lunch programs - https://simbli.eboardsolutions.com/SU/slshkIEI45KMiS2Nfu5WXrIBA==
Ed. Code 49500-49505	School meals - https://simbli.eboardsolutions.com/SU/FITqlb6u5Sl3slshWUX9h3NMw==
Ed. Code 49510-49520	Nutrition - https://simbli.eboardsolutions.com/SU/nO2tPwhV6R7VrwAO1CNnvw==
Ed. Code 49530-49536	Child Nutrition Act - https://simbli.eboardsolutions.com/SU/aJV8tTy20a8L4vjVgNDPWw==
Ed. Code 49540-49546	Child care food program - https://simbli.eboardsolutions.com/SU/PAQsMNGMkXqa3MslshgYu55OQ==
Ed. Code 49547-49548.3	Comprehensive nutrition services - https://simbli.eboardsolutions.com/SU/hrskXGMNBrLCnX9deGPkMQ==
Ed. Code 49550-49562	Meals for needy students - https://simbli.eboardsolutions.com/SU/apYfKshvfKaT8ryTPutYCw==
Ed. Code 49565-49565.8	California Fresh Start pilot program
Ed. Code 49570	National School Lunch Act - https://simbli.eboardsolutions.com/SU/gbDKvmpkRVPHJJtW1Rh12w==
Ed. Code 51210	Course of study for grades 1-6 - https://simbli.eboardsolutions.com/SU/JykgKwplusslshvJND2xzQcl3slshslshw==
Ed. Code 51210.1-51210.2	Physical education; grades 1-6 - https://simbli.eboardsolutions.com/SU/99ZaJdHmJsVH8WTGMrNbOQ==
Ed. Code 51210.4	Nutrition education - https://simbli.eboardsolutions.com/SU/MA63xUbFsIshAj8DDZwrirZsA==
Ed. Code 51220	Course of study for grades 7-12 - https://simbli.eboardsolutions.com/SU/MGyuoplus3Nh045sYW3qjmjjA==
Ed. Code 51222	Physical education - https://simbli.eboardsolutions.com/SU/g20nvEDdHGPfUCs0pymqlA==
Ed. Code 51223	Physical education; elementary schools - https://simbli.eboardsolutions.com/SU/kjyahxIV5sXVmf5NRnPFgQ==
Ed. Code 51795-51797	School instructional gardens - https://simbli.eboardsolutions.com/SU/nV6L4slshqeri6IVF05AUUHvA==
Ed. Code 51880-51921	Comprehensive health education - https://simbli.eboardsolutions.com/SU/w3VevX0vIGXxkzxKudLd7Q==
Federal References	Description
42 USC 1751-1769j	School Lunch Program
42 USC 1758b	Local wellness policy
42 USC 1771-1793	Child Nutrition Act
42 USC 1773	School Breakfast Program
42 USC 1779	Rules and regulations, Child Nutrition Act

7 CFR 210.1-210.33	National School Lunch Program
7 CFR 210.31	Wellness policy
7 CFR 220.1-220.22	National School Breakfast Program
Management Resources References	Description
California Department of Education Publication	Physical Education Framework for California Public Schools, Kindergarten Through Grade 12, 2009
California Department of Education Publication	Health Framework for California Public Schools: Kindergarten through Grade 12, 2003
California Project Lean Publication	Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006
Center for Collaborative Solutions	Changing Lives, Saving Lives: A Step-by-Step Guide to Developing Exemplary Practices in Healthy Eating, Physical Activity and Food Security, Jan 2015
Centers for Disease Control&Prevention Publication	School Health Index for Physical Activity and Healthy Eating: A Self- Assessment and Planning Guide, rev. 2012
Court Decision	Frazer v. Dixon Unified School District, (1993) 18 Cal.App.4th 781
CSBA Publication	Building Healthy Communities: A School Leader's Guide to Collaboration and Community Engagement, 2009
CSBA Publication	School-Based Marketing of Foods and Beverages: Policy Implications for School Boards, Policy Brief, March 2006
CSBA Publication	Safe Routes to School: Program and Policy Strategies for School Districts, Policy Brief, 2009
CSBA Publication	Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, 2012
CSBA Publication	Increasing Access to Drinking Water in Schools, Policy Brief, April 2013
CSBA Publication	Integrating Physical Activity into the School Day, Governance Brief, April 2016
CSBA Publication	Monitoring for Success: A Guide for Assessing and Strengthening Student Wellness Policies, rev. 2012
CSBA Publication	Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. April 2012
CSBA Publication	Physical Activity and Physical Education in California Schools, Research Brief, April 2010
CSBA Publication	Physical Education and California Schools, Policy Brief, October 2007
Federal Register	Rules and Regulations, July 29, 2016, Vol. 81, Number 146, pages 50151-50170
National Assoc of State Boards of Education Pub	Fit, Healthy and Ready to Learn, rev. 2012
U.S. Department of Agriculture Publication	Dietary Guidelines for Americans, 2016
Website	CSBA District and County Office of Education Legal Services - https://simbli.eboardsolutions.com/SU/UdykszdmPETuDslshXk6R5akQ==
Website	California Project LEAN (Leaders Encouraging Activity and Nutrition) - https://simbli.eboardsolutions.com/SU/lzuCbbhn3rBrfeZTSNnVCw==
Website	California School Nutrition Association - https://simbli.eboardsolutions.com/SU/KnWOpY7WknrOcdh5fJ85QQ==
Website	Center for Collaborative Solutions - https://simbli.eboardsolutions.com/SU/xYvpxt3MXVrzRslsh31fdlzZg==
Website	Dairy Council of California - https://simbli.eboardsolutions.com/SU/1oh0mYFcWYXqifx3CFJ8gA==

Website	National Alliance for Nutrition and Activity - https://simbli.eboardsolutions.com/SU/GZJffQ4Hi71GbK8ILPjKsg==
Website	National Association of State Boards of Education - https://simbli.eboardsolutions.com/SU/p9EGJQrfe1c2fVDHCT1QRQ==
Website	School Nutrition Association - https://simbli.eboardsolutions.com/SU/plusSD0PzwX4FSHZZZJGvLRPw==
Website	Society for Nutrition Education - https://simbli.eboardsolutions.com/SU/B7qJJXpy356plusplusrFcplusSBGNA==
Website	U.S. Department of Agriculture, Food Nutrition Service, wellness policy - https://simbli.eboardsolutions.com/SU/bjmma9tdvKoKVqhTPcEQaA==
Website	U.S. Department of Agriculture, Healthy Meals Resource System - https://simbli.eboardsolutions.com/SU/PaPXHulzKngvabN1RMJeLw==
Website	Action for Healthy Kids - https://simbli.eboardsolutions.com/SU/xxAK2fQslshjxSZOp0C52YLdQ==
Website	Alliance for a Healthier Generation - https://simbli.eboardsolutions.com/SU/NEhaJJ0nloYQnBez4JOmLQ==
Website	California Department of Education, Nutrition Services Division - https://simbli.eboardsolutions.com/SU/O5xpn2rTFL2uz0BslshlorGXQ==
Website	California Department of Public Health - https://simbli.eboardsolutions.com/SU/plusKghL3cnZRJOzDybcVsugA==
Website	California Healthy Kids Resource Center - https://simbli.eboardsolutions.com/SU/Ve9Yf61snLK7fRzOPU1xiQ==
Website	Centers for Disease Control and Prevention - https://simbli.eboardsolutions.com/SU/Gfx4spY2pCn7TBGiShp9oA==
Website	CSBA -
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4231	Staff Development - https://simbli.eboardsolutions.com/SU/2MFL3vBUdslshF5EsduYngxag==
5113.1	Chronic Absence And Truancy - https://simbli.eboardsolutions.com/SU/wGW5d7V6D9Xv0LplusLctv6yw==
5113.1	Chronic Absence And Truancy - https://simbli.eboardsolutions.com/SU/vx4WBFhBAwpluskslsh1cjaBvwgA==
5131.2	Bullying - https://simbli.eboardsolutions.com/SU/EssIshzvEnnrCX7sg3oLSaH9Q==
5131.6	Alcohol And Other Drugs - https://simbli.eboardsolutions.com/SU/GEiRQjZJXzUBoaE3xplusFaRQ==
5131.6	Alcohol And Other Drugs - https://simbli.eboardsolutions.com/SU/FZplusli7vg2YfeB2ZjLVtpvg==
5131.62	Tobacco - https://simbli.eboardsolutions.com/SU/GZYcPwHopslshQAcxs40rFuDA==
5131.63	Steroids - https://simbli.eboardsolutions.com/SU/MJo6McOP1nylpslshhmsi0BSg==
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5141	Health Care And Emergencies - https://simbli.eboardsolutions.com/SU/GduyyUK7zplusXXu9t5plusM6tOw==
5141	Health Care And Emergencies - https://simbli.eboardsolutions.com/SU/9kOSxUsPgOpto5T5yhlh8Q==
5141.22	Infectious Diseases - https://simbli.eboardsolutions.com/SU/PVegITzHYslsh2AYKxfMgZh2Q==
5141.22	Infectious Diseases - https://simbli.eboardsolutions.com/SU/w2iohXLYclco5EpHF2Qcfg==
5141.27	Food Allergies/Special Dietary Needs - https://simbli.eboardsolutions.com/SU/ybvslshjC5FP5KlcbX7eatG8g==
5141.27	Food Allergies/Special Dietary Needs - https://simbli.eboardsolutions.com/SU/3pPgmUT3lq4QalpSjrlq8A==
5141.3	Health Examinations - https://simbli.eboardsolutions.com/SU/6DhPSErYHyBUTskCDD3plus9g==
5141.3	Health Examinations - https://simbli.eboardsolutions.com/SU/O35vi4GGajuX3b9slshlTgOjg==
5141.31	Immunizations - https://simbli.eboardsolutions.com/SU/BwnyoNI166sNUkRCnH0I2Q==
5141.31	Immunizations - https://simbli.eboardsolutions.com/SU/Ogk6DyFOLDWgR3XjsIshYLCAA==
5141.32	Health Screening For School Entry - https://simbli.eboardsolutions.com/SU/ksslshMzVngl1yN6v6MzWAslshhg==
5141.32	Health Screening For School Entry - https://simbli.eboardsolutions.com/SU/jZHexUXnFoeoOxsEkUdaHQ==
5142.2	Safe Routes To School Program - https://simbli.eboardsolutions.com/SU/eFPn4thM9unslshKN9Qurst2A==

5142.2	Safe Routes To School Program - https://simbli.eboardsolutions.com/SU/dATL9HD01DoDslsh3rV3JSaplusg==
5144	Discipline - https://simbli.eboardsolutions.com/SU/IHgguevj9CBVG3PoqNq3cA==
5144	Discipline - https://simbli.eboardsolutions.com/SU/cLyt8Yzo3lde2x13yplusXj4w==
5145.3	Nondiscrimination/Harassment - https://simbli.eboardsolutions.com/SU/oUJRjK34ugikGZX2pL0aHg==
5145.3	Nondiscrimination/Harassment - https://simbli.eboardsolutions.com/SU/K5AgpQm09Ij0cahdPpluseXGw==
5145.6	Parent/Guardian Notifications - https://simbli.eboardsolutions.com/SU/cG8BxIJKalu189kvlgp19Q==
5145.6-E PDF(1)	Parent/Guardian Notifications - https://simbli.eboardsolutions.com/SU/CLF2uvPbqQLPcq996zd7qg==
5146	Married/Pregnant/Parenting Students - https://simbli.eboardsolutions.com/SU/ONGW2nJ9Ul20RI8LaybTTg==
5147	Dropout Prevention - https://simbli.eboardsolutions.com/SU/3cFkQT34MmfkKK83AE8ScQ==
6020	Parent Involvement - https://simbli.eboardsolutions.com/SU/UxjOk1jDIslshnL98gfQSVxmA==
6020	Parent Involvement - https://simbli.eboardsolutions.com/SU/bDD99oujx6PfDiplussIshsvlzww==
6112	School Day - https://simbli.eboardsolutions.com/SU/EPEyWAtYYJZsDMKpluszA8cBg==
6112	School Day - https://simbli.eboardsolutions.com/SU/I98odDLDR7SpBKm6val9BQ==
6142.1	Sexual Health And HIV/AIDS Prevention Instruction - https://simbli.eboardsolutions.com/SU/v9D85w8F2GkjEan8TUNpyQ==
6142.1	Sexual Health And HIV/AIDS Prevention Instruction - https://simbli.eboardsolutions.com/SU/a944FVSPJtBO6ZKNmpjehA==
6142.7	Physical Education And Activity - https://simbli.eboardsolutions.com/SU/OrZ2mO3YkIVA5jexeI4AQA==
6145.2	Athletic Competition - https://simbli.eboardsolutions.com/SU/p9rrd42LqGr00LXkBIFsIQ==
6145.2	Athletic Competition - https://simbli.eboardsolutions.com/SU/SROF1XHeFak7AqUvk8qwvA==
6177	Summer Learning Programs - https://simbli.eboardsolutions.com/SU/8azeQE8slshr6UmAF61XFXWvg==
6184	Continuation Education - https://simbli.eboardsolutions.com/SU/nhkpopavAqaRFvaVtQDjfQ==
6184	Continuation Education - https://simbli.eboardsolutions.com/SU/xpyW7Fd8kT0e7NA9LzjJSQ==

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1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

- 2. **fax:** (833) 256-1665 or (202) 690-7442; or
- 3. email: program.intake@usda.gov

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